



**For Immediate Release**

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**Dishing out Charleston Culinary Classics for Charity;  
Book Launch Planned to Celebrate Recently Rediscovered Cookbook**

CHARLESTON, SC - Southern chefs and amateurs alike have long found a place for the *Charleston Receipts* cookbook in their kitchens, with pages lovingly dog-eared and food splattered. Now, The Junior League® of Charleston, Inc. (JLC) is republishing a little red cookbook called *Charleston Recipes*, first published in 1949 that pre-dates the famous culinary manual.

Taking place Thursday, Nov. 10 from 7 – 10 p.m. at The William Aiken House, 456 King St., the book release party will celebrate Charleston's culinary traditions. The event is open to the public and tickets can be purchased for \$50 per person through October 10, \$55 per person through November 9 and \$60 at the door. One hundred percent of the proceeds raised will be used to further the JLC's mission of training and developing the potential of women, while focusing on helping those in need in the surrounding community. Patrick Properties Hospitality Group and Fish will be providing sample hors d'oeuvres and beverages inspired by *Charleston Recipes* to all event attendees. Copies of the cookbook will be for sale at the event, and culinary icons The Lee Bros. and Nathalie Dupree will also be in attendance.

Virtually lost for decades, *Charleston Recipes* was recently rediscovered in an attic by Josephine Humphreys, a former JLC member and daughter of the original editor Martha Lynch Humphreys. "Only one year separates the two cookbooks (*Recipes* and *Receipts*), but they can almost be seen as representing different decades," says Humphreys in her introduction. "The 1949 book seems spare and frugal, still in the shadow of the depression and wartime privations, while the 1950 book is exuberant, celebratory, even sometimes downright lavish. And yet there are tempting and delightful recipes to be found only in the red book."

*Charleston Receipts*, the nation's oldest Junior League cookbook in continuous print, has sold more than one million copies in the last 65 years. Lauded by *The New York Times* and *Food & Wine Magazine*, it celebrates the flavors and culture of the Lowcountry's Gullah people and contains "receipts" (recipes), multigenerational adaptations of the highly flavorful Gullah creations as passed through the hands of Charleston's late 19th century and early 20th century upper class. A recipe collection as colorful and timeless as the area that it represents, *Charleston Receipts* is considered a "must" in any cookbook collection.

To purchase tickets or the cookbook, visit <https://www.jlcharleston.org/charleston-recipes/>

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**About The Junior League of Charleston, Inc.**

The Junior League of Charleston, Inc., is an organization of women committed to promoting voluntarism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. The Junior League of Charleston reaches out to women of all races, religions and national origin who demonstrate an interest in and commitment to voluntarism. [www.jlcharleston.org](http://www.jlcharleston.org).